



Ten Foundation
Developments in 2011

The Ten Foundation

an opportunity for young people to secure safe and sustainable futures

Developments in 2011

Activities according to project location:

Zimbabwe

- Work to improve and maintain the conditions of Karoi children's home is continued (including renovation work and the 'eat, play, learn project'). Detailed below.
- Learning & play with computer training is developed at Karoi children's home and Snake Park Children's Home, Harare. Detailed below.
- Project communities in Zimbabwe and the D.R.Congo have shared experiences. Detailed below.
- The Ten Foundation Trust is consolidated.
- The satellite homes and cradle to cradle training project is developed. Detailed below.

The Netherlands

- GRO (Green Recycled Organics) expands its work.
- Continuation of fundraising, awareness-raising and communications with potential sponsors/corporate partners.

The Democratic Republic of Congo

- The mushroom and food production project expands in Lubumbashi.
- The local team is established and registered as an ASBL organization.
- The seed production project is planned and launched. Detailed below.



Ten Foundation
Developments in 2011

Improving and maintaining the conditions of Karoi children's home, Zimbabwe



Ten aims to improve the conditions and potential of the children's home to provide the optimum environment for children to grow up in the long term. With the help of the Stichting Weeshuis der Doopsgezinden and the Fiep Westendorp Foundation Ten is renovating the home and equipping the centre so that it can be more self-sufficient, offer training for children and staff, and also give them access to games, toys and activities. Improving and maintaining the conditions of Karoi children's home and implementing training involves three main projects:

€5.690,00 from the Fiep Westendorp is going towards this

€7.000,00 from Stichting Weeshuis der Doopsgezinden is going towards this

Safety, health and sanitation

Actions: Installing security e.g. gates, locks, and lights; sewage pipes; showers, toilets and tanks; washing machines and storage e.g. closets.

Aims:

- Strengthening security at the home
- Strengthening self sufficiency and environmental efficiency at the home
- Improving infrastructure, utilities and storage at the home
- Developing a safe, efficient and hygienic institution (it is especially important that health issues can be dealt with as efficiently and as sensitively as possible considering the high levels of HIV/AIDS in the project area)

Food and water

Actions: Improving cooking facilities, water supplies (borehole), gardening facilities (including a separate mushroom growing house) & training materials, and offering training to the staff, older children and general community in mushroom farming, tending vegetable, fruit and herb gardens, keeping animals and poultry, health and nutrition education, and general self-sufficiency, using materials that are locally available so the projects are sustainable.

Aims:

- Diversifying/improving cooking facilities, food production & water sources
- Ensuring a physically safer and more constant cooking regime
- Ensuring an improved and reliable dietary intake
- Increasing resources for strong sustenance and self-sustainability
- Increasing independence for the home as a whole (reducing dependence on unreliable sources of fuel, food and water)

WG Plein 475
1054SH Amsterdam
The Netherlands
tel.: +31 (0) 20 589 32 32
fax: +31 (0) 20 589 32 20
email: info@ten-foundation.org
www.ten-foundation.org / www.ten-foundation.blogspot.com



Ten Foundation
Developments in 2011

- Empowering young people & reducing their vulnerability by increasing their early experience of where food comes and sharing with them how to provide for their own security by engaging in training in health, nutrition, and food production (production of mushrooms, vegetables, fruit and herbs and poultry-raising)

Education and social interaction

Actions: Establishing a computer room and offering the children access to computers, supervised use of the internet, and other resources to develop their IT and internet skills at the same time as reinforcing their learning and overcoming some of the disadvantages they face at school (due to limited resources and large class sizes for example), and supplying games, toys and activities.

Aims:

- Combining traditional education with practical, vocational and creative skills
- Creating an atmosphere suitable for residents to be students but also to relax once school work is done
- Enabling children to learn more independently and inspiring the children with skills that aid their maturation and transition into independent adults
- Ensuring that through rest, leisure, play and recreational the children can experience relief from the severe worries that they unfairly face.

Overall, the upgrade of the home is intended to restore it to its optimum conditions, to establish strong foundations for it to continue to provide shelter, and to equip the home to facilitate education and training for those living there. The long-term and wide-spreading effects will include empowering the children with experiences additional to traditional education so they have a better chance of securing themselves decent futures.



Provision of new cooking facilities during the 'eat, play, learn project'.

WG Plein 475
1054SH Amsterdam
The Netherlands
tel.: +31 (0) 20 589 32 32
fax: +31 (0) 20 589 32 20
email: info@ten-foundation.org
www.ten-foundation.org / www.ten-foundation.blogspot.com



Installation of new stove during renovations.



Ten Foundation
Developments in 2011



WG Plein 475
1054SH Amsterdam
The Netherlands
tel.: +31 (0) 20 589 32 32
fax: +31 (0) 20 589 32 20
email: info@ten-foundation.org
www.ten-foundation.org / www.ten-foundation.blogspot.com



Installation of sewage plumbing during renovations.



Growing and harvesting of mushrooms during cradle to cradle training.



Ten Foundation
Developments in 2011

Developing learning & play with computer training at the Karoi Children's Home,
Zimbabwe



Stichting Ten secured computers equipped with e-learning software and Microsoft software through the help of Close-the-Gap, e-learning for kids and Microsoft respectively. Funding was secured from Deloitte sponsorship and the Fiep Westendorp Foundation to: establish and equip a secure computer room; install the computers; introduce the children and staff to basic computer use; and gradually build on the use of the computers; applying this to administration, education, play and communication. Computer training is to continue and expand.

€5.000,00 from the Fiep Westendorp went towards this

Activities carried out

- Establishing, furnishing and equipping a secure computer room;
- Distributing and installing the computers;
- Installing software, anti-virus etc;
- Introducing the children and staff to basic computer use;



The first instructions were picked up very quickly.

WG Plein 475
1054SH Amsterdam
The Netherlands
tel.: +31 (0) 20 589 32 32
fax: +31 (0) 20 589 32 20
email: info@ten-foundation.org
www.ten-foundation.org / www.ten-foundation.blogspot.com



The next improvements planned – trays for the keyboards and cushions for the younger children!



Sheila, director of the home and house-mother, has adapted very quickly to computer-use, so she can continue learning independently and subsequently share this.



Ten Foundation
Developments in 2011

Aims

- Developing education: Access to computers and resources such as e-learning for kids will develop children's information technology skills, reinforce their learning and overcome some of the disadvantages they face at school (due to limited resources and large class sizes for example).
- Developing skills for the future: Access to information technology will provide the children with skills that can serve them, their futures, and also contribute to the wider community. Teaching and inspiring the children with skills and activities will aid their maturation and transition into independent adults.
- Developing play and social skills: Through supervised use of computers, the children will be able to bridge the gap between learning and play. They will become able to learn more independently – and to take charge of building on their own interests and knowledge. The children will also benefit from having a source of entertainment. The children will be able to develop their communications and interactions with wider horizons. The children can learn technical skills, but also creative and social skills – sharing their interests, stories and ideas. Thus the home can support children in their practical and communicative development, creating a culture of sound values to be passed on.

Extracts from the report of the first training

"We managed to train about 51 children (the other ones are too young), carefully around their school timetable. It was overwhelming since everyone wanted to learn including the staff. We tried to make the training as fun as possible, bearing in mind that the kids (and staff) need to be able to continue on their own. We tackled basic issues and components of the computer: how to type, how to save, open and close files, how to start and shut down the computer, and general computer storage. This included an introduction to: word, clip-art, paint, excel, power-point, the e-learning for kids resources and other games/resources. The children had enough practice to be able to use the above without help. We took (and made some there too) instructions, and posters with general computer information, so that the children and staff can refer to them regularly.

Given Thomu, a 16 year old boy, is new at the centre, he doesn't have both hands. He learnt with the others and he can type using his toes. He moves the mouse and clicks it very well!

Sheila and her team are very happy to have a computer in the office and to be able to operate it. Now, reports can be written and files stored electronically and this is a great achievement.

The children were very keen to learn and by the day we left most of them could operate the machines alone. The younger children were not left out, they joined in the music lessons as they listened to music on the computer; they loved it!"

WG Plein 475
1054SH Amsterdam
The Netherlands
tel.: +31 (0) 20 589 32 32
fax: +31 (0) 20 589 32 20
email: info@ten-foundation.org
www.ten-foundation.org / www.ten-foundation.blogspot.com



Ten Foundation
Developments in 2011

Continuous activities

Stichting Ten staff, JCF staff and volunteers are responsible for long term maintenance of the computers and their use. Gradually computer-use will be built on and applied to education, play, administration, and communication/developing exchanges. Security and supervision of the use of the computers and internet will be closely monitored and guided.

- Local and international volunteers will ensure that the equipment is maintained in a regular, up-to-date manner, and that training in the use of the equipment is continuous.
- Cultural/social exchange between the communities in Karoi, the Stichting Ten community in the Netherlands (including schools), and other partner projects will grow.
- On and off-line resources such as *e-learning for kids*, which are constantly developed and modernised, can support the children in their educational development. Cooperation with local partners such as *Zimbabwe Opportunities Industrialisation Centres* means that older children and young adults can be guided in their use of information technology during their secondary education and in their professional development.

The project isn't only exciting for the children! It will enable the children, staff and the whole community in Karoi to keep in closer contact with Stichting Ten and co-workers. Communications will be proof of the positive impact of the *learning & play* project, and enable better understanding of how projects are implemented, what challenges occur, and how we can all work together in the most efficient, constructive way. It will be a pleasure to make the most of these new facilities to communicate effectively with supporters, so thank you, on behalf of the Stichting Ten and Karoi community.

Developing learning & play with computer training at the Snake Park Children's Home, Harare, Zimbabwe



The computer training carried out at Karoi is being extended to the staff and children at the Snake Park Children's Home, Harare.

€5.000,00 from the Fiep Westendorp is going towards this

WG Plein 475
1054SH Amsterdam
The Netherlands
tel.: +31 (0) 20 589 32 32
fax: +31 (0) 20 589 32 20
email: info@ten-foundation.org
www.ten-foundation.org / www.ten-foundation.blogspot.com

Sharing experiences between communities in Zimbabwe and the D.R.Congo

Sheila, who manages the children's home in Karoi, Zimbabwe AND the mushroom project there, made an exchange-visit to the project in Lubumbashi, the D.R.Congo. During her stay, she met all the communities involved in mushroom production, and some of the project coordinators such as Sanne, and our newest team member, Aline. Only for someone as busy as Sheila could this have been a 'holiday' – in fact she was working very hard – visiting the project communities, discussing their activities and sharing her own experiences. As a result, the communities were newly reassured and inspired. They became able to put into action some of the improvements to their methods (such as substrate selection, substrate sterilization, watering etc) that Sheila suggested. Everyone is grateful to Sheila for her sharing her time and energy – we hope she too got a lot out of the trip!



Sheila working with a project tea; Sheila and Aline with their harvest



Ten Foundation
Developments in 2011

Establishing and registering the Ten Foundation Trust and team, Harare, Zimbabwe

Stichting Ten, an official entity in the Netherlands since 1997, became registered as a local Trust in Zimbabwe this year. Although Ten has been active in Zimbabwe since 1997, having the new Trust status and a Ten Foundation Trust, based in Harare, means that there is an official, local, consistent base in Zimbabwe, represented by two of the Ten team who live and work there. Together Stichting Ten (the Netherlands) and the Ten Foundation Trust (Zimbabwe) will continue to support the children's home in Karoi, organise the satellites homes and cradle to cradle training project and expand Ten's activities further in Zimbabwe...and beyond.

WG Plein 475
1054SH Amsterdam
The Netherlands
tel.: +31 (0) 20 589 32 32
fax: +31 (0) 20 589 32 20
email: info@ten-foundation.org
www.ten-foundation.org / www.ten-foundation.blogspot.com



Ten Foundation
Developments in 2011

Planning and launching the satellite homes and cradle to cradle training project, Zimbabwe



Alongside establishing the Ten Foundation Trust and team in Harare in 2011, we have finalized the satellite homes and cradle to cradle training project plans.

At the moment we are witnessing a situation where it is impossible for youngsters in children's shelters (such as some of the older individuals at the children's home in Karoi) to become independent and start their own life. We wish to create a safe and healthy environment for them from which they can really step into adulthood. Activities carried out at the satellite homes will involve the residents learning, sharing, and integrating into communities and society. The development of cradle to cradle skills will enable the participants to support themselves and others in the future.

We will construct satellite homes - a centre consisting of family-style homes and an office/staff centre in a spacious setting with a working garden. Each home, housing around 5 participants, will have: a kitchen, bathroom and central/shared living space, access to use of a well, solar water pump, and solar panels, and shared access to a working-garden and mushroom house. The office/staff centre will provide a working space for the organisation of the satellite homes and their activities, as well as out-reach activities with the wider community. It will also provide a living space for the personnel working there who will carry out administration, care and training. Cradle to cradle training will be an extra curricular activity for the residents, but also a full time vocational training programme for those participants who wish.

The first objective for the satellite homes project is to create a safe place, characterized by real life experiences, where young people can grow and learn to take charge of their livelihood and the shaping of their future. This space needs to allow for them to flourish in terms of:

- Health and well being
- Education and employment opportunity
- Social interaction and community integration

€115.000,00 (over 3 years)
from the Eureko Achmea
Foundation is going towards
this

Cradle to cradle thinking and training allows us to realize the objectives above.

- Health and well-being – by growing your own food you will learn how to eat and live a more healthy life and you will have access to creating and maintaining that healthy life independently and sustainably.



Ten Foundation
Developments in 2011

- Education and employment – the residents will learn how to grow mushrooms and vegetables and how to look after small cattle/animals. This will enable them to secure a financial basis for their future. As additional services we plan to arrange for other education as well, if they are interested in studies.
- Social interaction – by living and working together in such an environment they will learn how to share and trust others. We also plan to offer the possibility of youngsters starting relationships to live in a setting with more privacy.

Participants will be young, vulnerable or disadvantaged people, women especially, and specifically those who need affordable, nutritious food to combat mal-nutrition, those who need income, and those who might otherwise find it harder to access skills training.

As well as a specific group of 15 – 50 young people in Harare & Mashonaland West, the project will involve adults who will be trained to help and guide the residents and who will have a job as supervisors, other young people in care in Zimbabwe (for training and teaching sessions at the site), and other individuals in projects in the Democratic Republic of Congo, Cameroon, Ivory Coast and the Netherlands.

Our key to making sure the idea will work is to create ownership for the residents. If they feel responsibility towards the project and if they see it results in a different lifestyle then it will be a structural improvement. More importantly, if we create a safe and secure space where the young individuals can work, study and live together, there will also be a social structure and sense of responsibility. Together they will stand strong and we will emphasize the importance and value of this aspect of the community. At the same time the Ten Foundation as well as the Trust in Zimbabwe will continue to assist and monitor the situation. Also, as we develop activities in other regions, we will continue to ask for the expertise of those living in the settlement. This will also secure continuity. In the long term, whilst the satellite homes can continue to guide young people into adulthood, those that participate in the training there will be able to move on – having become independent but also equipped with skills that can be maintained and expanded.

WG Plein 475
1054SH Amsterdam
The Netherlands
tel.: +31 (0) 20 589 32 32
fax: +31 (0) 20 589 32 20
email: info@ten-foundation.org
www.ten-foundation.org / www.ten-foundation.blogspot.com



Ten Foundation
Developments in 2011

Cradle to cradle training with GRO (Green Recycled Organics), the Netherlands



After visiting the food production etc training programme taking place in Zimbabwe, the founder of GRO was inspired to participate in training from Stichting Ten, and following this he established GRO. GRO has begun mushroom production using coffee waste from the La Place range of restaurants in a closed transport network with Vroegop-Windig (who bring coffee waste to GRO and return mushrooms to La Place). GRO has also launched a new product in 2011 - TerraBites – a mushroom-based croquette. Planned developments are to also use spent grains from Heineken breweries, to begin producing cleaning products using citrus waste, and as production expands, to employ disadvantaged youth. GRO won the Horecava Innovation sustainability prize in early 2011. At the end of 2011, GRO was nominated for the Horecava Innovation Award 2012 again, this time for it's TerraBites.

WG Plein 475
1054SH Amsterdam
The Netherlands
tel.: +31 (0) 20 589 32 32
fax: +31 (0) 20 589 32 20
email: info@ten-foundation.org
www.ten-foundation.org / www.ten-foundation.blogspot.com



Ten Foundation
Developments in 2011

Expanding the mushroom and food production project, Lubumbashi, the Democratic Republic of Congo



The communities first supported by Heineken, Bralima and Stichting Ten in Lubumbashi, the Democratic Republic of Congo have continued to put their cradle to cradle food production training into use by producing mushrooms and integrating this with other production.

Furthermore, they have registered as an official non-profit community group (an ASBL organization) and established a team of project leaders to lead the continuation and expansion of the group's work.

The focus of the ASBL organization's activities at the moment is developing, and initiating, a plan for seed production training and roll out food production training. There is enough demand and enthusiasm to create a seed production laboratory, to be created and operated locally, thus ensuring continuous local seed production (mushroom spawn especially). A selection of participants will receive specialised training in this so that they can manage it. A selection of participants will also be trained to become trainers so that they can create a local core team that can undertake further trainings to guide other groups in similar set-ups. It is intended that once the local team are producing seed independently, full responsibility for production will be theirs. The laboratory will be shared by participants and will be effectively donated, so 'ownership' will be the participants'. Training will consist of:

- Teaching participants to make their own seed from the mushroom body itself.
- Preparing the media on which to grow the mushroom mycelium.
- Identifying the right kind of mushroom for tissue culturing.
- Handling and multiplying the cultures.
- Managing the spore/ mycelium banks.
- Connecting the making of the mycelium and the initial production covered.
- Diversification of seed production.
- Spread of seed sale, e.g. to new producer-groups trained by the original participants.

€15.000,00 from
Fondation Bralima
is going towards
this

€25.000,00 from Cordaid is
going towards this

This set-up will ensure that the local skills base, and source of supplies, becomes a permanent fixture

WG Plein 475
1054SH Amsterdam
The Netherlands

tel.: +31 (0) 20 589 32 32

fax: +31 (0) 20 589 32 20

email: info@ten-foundation.org

www.ten-foundation.org / www.ten-foundation.blogspot.com



Ten Foundation
Developments in 2011

that can continue and expand. This one-off investment in the start-up will allow for sustainable and self-supporting production and training to start and continue independently. Income earned through sale of mushrooms, other food, and seed, can be spent on necessary supplies, reinvested in the project and distributed as compensation/income independently. Already, participants are marketing the mushrooms being produced and reinvesting resulting funds back into the project. Anticipated results of continued expansion:

€12.000,00 from
the Netherlands
Embassy is going
towards this

1. Consolidation of groups growing mushrooms & other foods using locally available resources.
2. Mushrooms & related produce become a substantial part of the diet of the participants, compost is used in fields/gardens and produce is sold for profit/to reinvest in production.
3. Establishment of a seed production laboratory; training in seed production; and continuous production of seed will support the existing participants, and other local groups trained.
4. There is the potential for commercial production - of mushrooms, other food produce, seed, or of the by-products of production. Potentially participants can proceed to a higher grade of operations, developing entrepreneurial, organizational, commercial and marketing skills.

These project activities will make use of the existing support structures, with the Bralima Foundation, Ten Foundation and Heineken/Bralima organisations. The project is funded by Cordaid, the Netherlands Embassy (Kinshasa) and Fondation Bralima. It is also supported by Cité des Jeunes. Further expansion will be supported by the Belgium Consulate (Lubumbashi).